



Psalm 116

What Can I Offer the Lord?

A blue gift box with a white ribbon bow is positioned on the left side of the image. The box is wrapped in a solid blue paper, and the white ribbon is tied in a neat bow on top. The background is a solid light blue color.

PSALM 116:3 (NLT)

Death wrapped its ropes around me; the terrors of the grave overtook me. I saw only trouble and sorrow.

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PSALM 116:8 (NLT)

He has saved me from death, my eyes
from tears, my feet from stumbling.

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PSALM 116:12 (NLT)

What can I offer the LORD for all he has
done for me?



Offer the
Gift of
PRAYER

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PSALM 116:1 (NLT)

I love the LORD because he hears my
voice and my prayer for mercy.

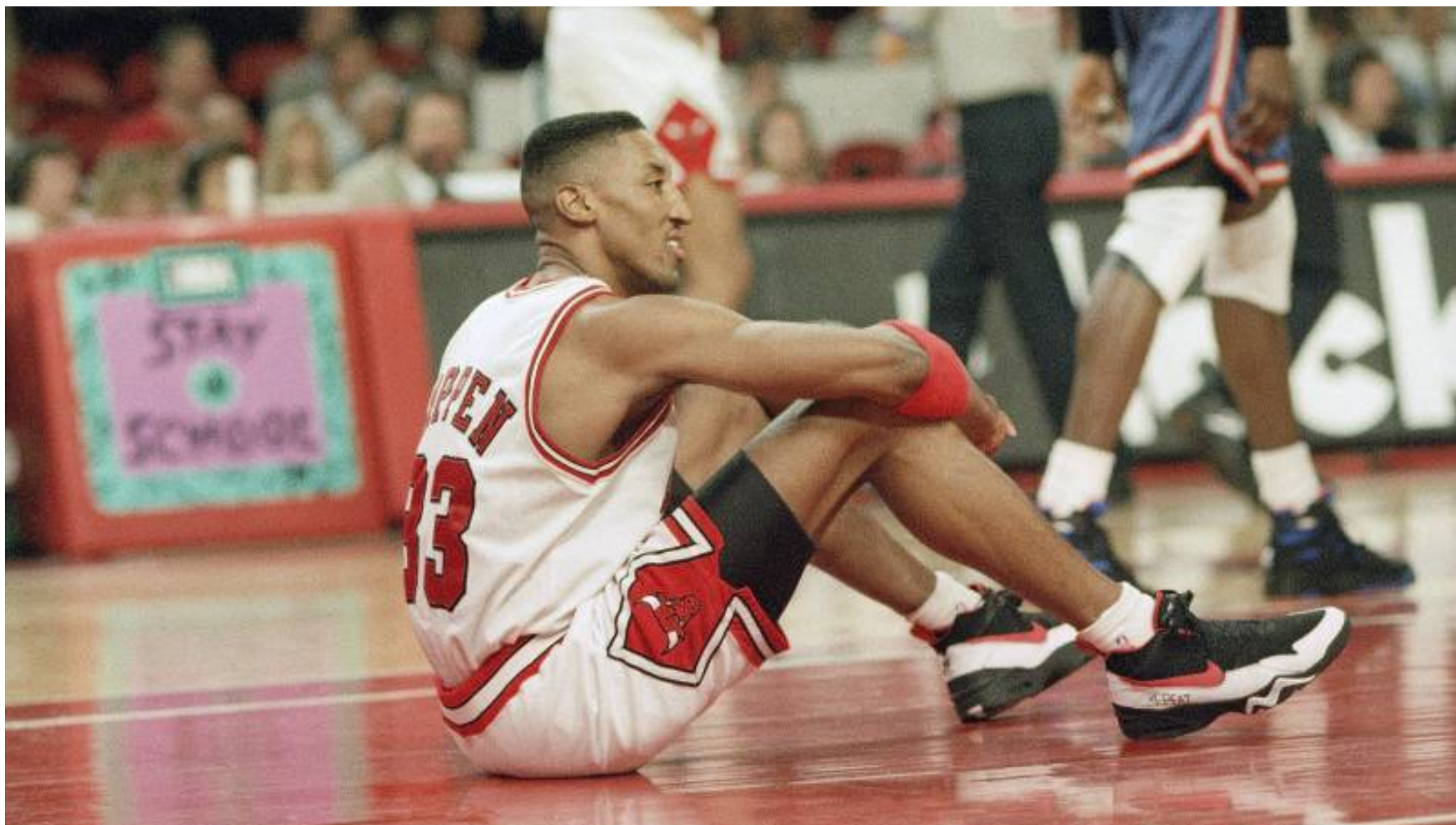


PSALM 116:1-2 (NLT)

[1] I love the LORD because he hears my voice and my prayer for mercy. [2]
Because he bends down to listen, I will pray as long as I have breath!



Offer the
Gift of
FAITH





PSALM 116:3-4 (NLT)

[3] Death wrapped its ropes around me;
the terrors of the grave overtook me. I
saw only trouble and sorrow. [4] Then I
called on the name of the LORD:
“Please, LORD, save me!”

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PSALM 116:10 (NIV)

I trusted in the LORD when I said, “I am greatly afflicted.”

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PSALM 116:7 (NLT)

Let my soul be at rest again, for the
LORD has been good to me.



Offer the
Gift of
TESTIMONY



PSALM 116:13-18 (NLT)

[13] I will lift up the cup of salvation and praise the LORD's name for saving me. [14] I will keep my promises to the LORD in the presence of all his people. [15] The LORD cares deeply when his loved ones die. [16] O LORD, I am your servant; yes, I am your servant, born into your household; you have freed me from my chains. [17] I will offer you a sacrifice of thanksgiving and call on the name of the LORD. [18] I will fulfill my vows to the LORD in the presence of all his people...



PSALM 116:13-18 (NLT)

[13] I will lift up the cup of salvation and praise the LORD's name for saving me. [14] I will keep my promises to the LORD in the presence of all his people. [15] The LORD cares deeply when his loved ones die. [16] O LORD, I am your servant; yes, I am your servant, born into your household; you have freed me from my chains. [17] I will offer you a sacrifice of thanksgiving and call on the name of the LORD. [18] I will fulfill my vows to the LORD in the presence of all his people...

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PSALM 116:5 (NLT)

How kind the LORD is! How good he is!
So merciful, this God of ours!

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REFLECT / DISCUSS

1. When you want to express your gratitude to God, how do you usually go about it?
2. Which of these gifts (prayer, faith, testimony) do you want to offer more to God?