



THE LORD'S PRAYER

OUR DAILY BREAD



MATTHEW 6:11 (ESV)

Give us this day our daily bread.





Weight loss is a \$72 billion industry
in the United States

[businesswire.com](https://www.businesswire.com)



42.4% of American adults are obese
by CDC standards

Centers for Disease Control

MATTHEW 7:9-11 (NLT)

“You parents—if your children ask for a loaf of bread, do you give them a stone instead? Or if they ask for a fish, do you give them a snake? Of course not! So if you sinful people know how to give good gifts to your children, how much more will your heavenly Father give good gifts to those who ask him.”





30-40% of U.S. food supply is wasted every year

That is **133 billion pounds** of wasted food (219 lbs/person)

22% of landfills is wasted food

US Food & Drug Administration



If one takes another's clothing he is a thief. Why should we give any other name to one who is able to clothe the naked and refuses to do so? The bread that you hoard belongs to the poor; the cape that you hide in your trunk belongs to the naked; the shoes that rot in your home belonged to those who have no shoes.

St. Basil of Caesarea

2 CORINTHIANS 8:13-14 (NLT)

Of course, I don't mean your giving should make life easy for others and hard for yourselves. I only mean that there should be some equality. Right now you have plenty and can help those who are in need. Later, they will have plenty and can share with you when you need it. In this way, things will be equal.



EXODUS 16:18 (niV)

...the one who gathered much did not have too much, and the one who gathered little did not have too little. Everyone had gathered just as much as they needed.



PROVERBS 30:8b-9 (NIV)

Give me neither poverty nor riches, but give me only my daily bread. Otherwise, I may have too much and disown you and say, 'Who is the LORD?' Or I may become poor and steal, and so dishonor the name of my God.



JOHN 6:32-33 (ESV)

Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. For the bread of God is he who comes down from heaven and gives life to the world.”



PHILIPPIANS 4:11b-13 (NIV)

I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.



THE LORD'S PRAYER

Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth as it is in heaven

Give us this day our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

For yours is the kingdom, and the power and the glory forever.

Amen

