

HUNGRY FOR MORE



Matthew 6:1-6; 16-18

1 “Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven.

2 “Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others.

Truly, I say to you, they have received their reward. 3

But when you give to the needy, do not let your left hand know what your right hand is doing, 4 so that your giving may be in secret. And your Father who sees in secret will reward you.

5 “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. 6 But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

16 “And when you fast, do not look gloomy ...
like the hypocrites, for they disfigure their
faces that their fasting may be seen by
others. Truly, I say to you, they have
received their reward.

17 But when you fast, anoint your head and
wash your face, 18 that your fasting may
not be seen by others but by your Father
who is in secret. And your Father who sees
in secret will reward you.



**JESUS SAID “WHEN
YOU...”**

Give

Pray

Fast





**STARVE YOUR
FLESH SO THAT
YOUR SPIRIT MAY
BE FULL.**





REASONS TO FAST

Discern

Prepare

Renew

Glory



**STARVE YOUR
FLESH SO THAT
YOUR SPIRIT MAY
BE FULL.**

