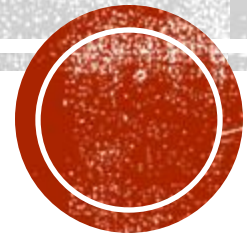


BE INTENTIONAL

1 Corinthians 9:24-27 and Luke 5:15-16



1 CORINTHIANS 9:24-27

²⁴ Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! ²⁵ All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. ²⁶ So I run with purpose in every step. I am not just shadowboxing. ²⁷ I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.



LUKE 5:15-16

¹⁵ But despite Jesus' instructions, the report of his power spread even faster, and vast crowds came to hear him preach and to be healed of their diseases. ¹⁶ But Jesus often withdrew to the wilderness for prayer.



MARK 8:34-37

Then, calling the crowd to join his disciples, Jesus said, "If any of you wants to be My follower, you must give up your own way, take up your cross, and follow Me. If you try to hang on to your life, you will lose it. But if you give up your life for My sake and for the sake of the Good News, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?"

