

Ruthless Inventory (Step #4)

Psalm 139:23-24

August 16th, 2026

Psalm 139:23-24 (NLT)

²³ Search me, O God, and know my heart;
test me and know my anxious thoughts.

²⁴ Point out anything in me that offends
you, and lead me along the path of
everlasting life.

Psalm 139:23a (NLT)

**Search me, O God,
and know my heart;**

Psalms 139:23b (NLT)

**Test me and
know my anxious thoughts.**

Psalms 139:24a (NLT)

**Point out anything in me
that offends you,**

Psalms 139:24b (NLT)

**and lead me along
the path of everlasting life.**

Application

1. Pray this prayer daily, throughout the day as needed
2. Join a Re:gen 12 Step Group Coming to a Church near you ... soon!